



*Affordable, Quality Counseling
for the Greater Austin Area*

www.solcommunitycounseling.org
13805 Ann Place | Austin, TX 78728 | 512-366-0954

CLIENT INFORMED CONSENT

Welcome to Sol Community Counseling. Please take a moment to review our policies. Your therapist will also discuss this with you and can answer any questions you may have. If you would like to have your own copy of this form, please ask your therapist.

THERAPISTS

The senior staff of Sol Community Counseling includes Steve Milan, Licensed Clinical Social Worker (LCSW-S). Clinical staff includes Licensed Master Social Workers (LMSW), and Master's-level MSW and MSSW Student Interns. The senior staff supervises the clinical staff and Interns.

SERVICES

We offer counseling for individuals and couples. From time to time, we may also offer group counseling. We use a variety of therapeutic models depending on the client's needs and our training. Sessions are 50 minutes in length. Phone sessions may be available at the therapist's discretion. The same fee applies.

FEES

The rate per session for is \$80 for LMSW Therapists and \$60 for Student Therapists. If you are unable to pay this, please talk with your therapist about a reduced rate.

PAYMENT

Payment is due each session and cash, check or credit/debit cards are accepted. Checks should be made payable to "Sol Community Counseling". We are not affiliated with any managed care or insurance company and do not accept any third-party reimbursement.

CANCELLATIONS

If you need to cancel an appointment, please call your therapist at least 24 hours before your appointment. No-shows or cancellations with less than 24 hours' notice will be charged as a regular session.



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CONFIDENTIALITY

Texas state law requires that information provided to mental health providers remain confidential. The staff and therapists at Sol Community Counseling make every effort to ensure confidentiality is maintained in all aspects of your treatment. A signed release form is required in order to disclose information about your treatment to a third party.

Applicable law and ethical standards permit mental health practitioners to disclose information about you without your authorization only in a limited number of other situations. The types of uses and disclosures that may be made without your authorization are these:

- You seriously threaten to hurt yourself or someone else.
- Your therapist receives information that a disabled person, a child or an elderly person has been abused or neglected.
- Your therapist is subpoenaed to do so by the courts.
- Your therapist receives information that a previous therapist has been sexually exploitative. In this case, client anonymity can be preserved.

Please also be aware that our therapists are receiving individual and group supervision with the Sol Community Counseling senior staff.

CONFIDENTIALITY AND MINORS

Parents and legal guardians of Sol Community Counseling clients under the age of 18 have the right to access their child's psychological records. The exception to this is in the case of an emancipated minor. Your child's therapist will discuss with you the limitations, procedures and implications with regard to your child's records and progress.

RISKS OF COUNSELING

There are certain risks associated with the counseling process. Clients may experience deterioration in emotional and psychological stability at different times during the therapeutic process. Relationships are often affected as a result of therapy and significant relationships will often experience varying degrees of tension. This is often most prevalent within family relationship but may extend into one's social and professional life. Please feel free to discuss with your therapist any concerns you might have about the possible risks of the counseling process.



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CONTACTING YOUR THERAPIST

Your therapist will discuss with you their preferred method of contact and their availability outside of sessions. Contact information is also available on the Sol Community Counseling website. If you are in crisis, please call 9-1-1 or the 24-hour crisis hotline at (512) 472-4357. Sol Community Counseling Center is not a crisis facility and will not be held responsible for damages occurring as a result of unmet crisis or acute care needs.

GRIEVANCE/COMPLAINT

You have the right to file a confidential grievance if you have an unresolved concern regarding your therapy, therapist or any other issue involving a representative of Sol Community Counseling. You can submit this concern in writing to the senior staff of Sol Community Counseling at 13805 Ann Place, Austin, Texas 78728.